



# RESOURCE GUIDE

## **GRAND CENTRAL FOOD PROGRAM**

The Grand Central Food Program operates at St. Bartholomew's Church • 108 E 51st St • Daily: 5:30-7pm • 6 to 51st St.

### **DOWNTOWN ROUTE**

**7:15 pm** 35th St under FDR Dr.  
**7:30 pm** Lower East Side Harm Reduction (25 Allen St)  
**7:45 pm** Housing Court/Chinatown (Lafayette & Leonard St)  
**8:00 pm** Staten Island Ferry  
**8:20 pm** Sunshine Hotel/Bowery Mission (Bowery, btw Stanton & Rivington)  
**8:35 pm** Madison Square Park (5th Ave & 27th St)  
**9:00 pm** Penn Station (NE Corner of 34th St & 8th Ave)

### **UPTOWN ROUTE**

**7:15 pm** SW Corner of 51st St & Broadway  
**7:35 pm** Port Authority (40th St)  
**7:55 pm** 79th St Boat Basin (79th St & West Side Hwy)  
**8:15 pm** 86th St & West End Ave  
**8:30 pm** Cathedral of St. John the Divine (112th & Amsterdam Ave)  
**8:45 pm** Harlem Hospital (137th St & Lenox Ave)  
**9:00 pm** Central Park (5th Ave & 72nd St)  
**9:15 pm** SONY Building (55th St, btw Madison & 5th Ave)

### **BRONX ROUTE**

**7:30 pm** SW Corner of Randall Ave & Bryant Ave  
**7:40 pm** NW Corner of Lafayette Ave & Manida St  
**8:00 pm** Lincoln Hospital (Morris Ave & 148th St)  
**8:25 pm** 164th St & Ogden  
**8:30 pm** 170th St & Jerome  
**8:45 pm** Fordham Rd & University Ave  
**9:00 pm** Fordham Rd & Webster Ave

## **CRISIS INTERVENTION**

The Coalition for the Homeless Crisis Intervention Program provides same-day, walk-in help for New Yorkers who are homeless or at risk of homelessness. No appointment necessary. Our counselors and advocates are available Monday through Friday at 9am, with sign-up starting earlier.

We provide assistance and advocacy with problems at shelters, intake centers (PATH, AFIC, etc), benefits (Welfare, Food Stamps, SSI/SSD, Medicaid, etc), eviction prevention, establishing a mailing address, and applications for housing assistance. We also provide referrals to shelter, clothing, food pantries, legal services, counseling, detox and addiction treatment, job training, mental health services, domestic violence counseling, assistance with ID, and other services.

### **The Coalition for the Homeless**

#### **129 Fulton Street**

Corner of Nassau Street, located in Lower Manhattan

Mon, Tues, & Thurs: We see the first 50 clients

Wed & Fri: We see the first 30 clients

Return carfare provided.

Directions: A, C, 2, 3, 4, 5, J, M or Z train to Fulton Street station

## **STREET OUTREACH - 311**

New York City partners with nonprofits to provide outreach, offer support services, and encourage people living on the streets to enter into shelter. If you are street homeless or you know the location of someone who might benefit from a street outreach team, **please call 311.**

# RESOURCE GUIDE

## SOUP KITCHENS

### MANHATTAN

- **St. Bartholomew's Church** • 108 E 51st St • (212) 378-0231 • Sun, M, W: 7-8:30am; M-F: 5:30-7pm; Sat: 9:30-11am • 6 to 51st St • No referral needed
- **New York City Rescue Mission** • 90 Lafayette St • (212) 226-6214 • M-Sun: 6:30-7am; 5-6:30pm • 6 to Canal • No referral needed
- **Central Synagogue** • 123 E 55th St • (212) 838-5122 • Th & F: 6-7:30am • 6 to 51st St • No referral needed
- **Grand Central Neighborhood** • 120 E 32nd St • (212) 883-0680 • Daily: 6:30-7:30am; 12:30-1:30pm; 4:30-6pm • 6 to 33rd St • No referral needed
- **Holy Apostles Soup Kitchen** • 296 9th Ave • (212) 924-0167 • M-F: 10:30am-12:30pm • Counseling 9:30am-12:30pm • C/E to 23rd St • No referral needed
- **Mary's House** • 55 E 3rd St (btw 1st & 2nd) • (212) 777-9617 • Tu-F: 12-2pm • Sometimes pantry is available • F to 2nd Ave, 6 to Astor Pl, N/R to 8th St • Women only
- **St. Francis of Assisi Breadline** • 135 W 31st St (btw 6th & 7th Ave) • (212) 736-8500 • M-Sun: 7am (show up at 6:30am) • B/D/F/M/N/Q/R to 34th St-Herald Sq • No referral needed
- **St. Joseph's House** • 36 E 1st St • (212) 254-1640 • M-F: 10-11:30am • F to 2nd Ave, 6 to Bleecker St • No referral needed
- **St. Luke's Lutheran Church** • 308 W 46th St (btw 8th & 9th) • (212) 246-3540 • Tu & Th: 1-2pm • A/C/E to 42nd St, N/R to 49th St • No referral needed
- **St. Paul's House** • 335 W 51st St • (212) 265-5433 • M, W, F: 7:30-9am • C to 50th St • No referral needed
- **New York Common Pantry** • 8 E 109th St • (917) 720-9700 • M-F: 8-9:15am; M, W, F: 4:30-6pm; Bags on Sat, Sun, Holidays 4-5pm • A/C/2/3 to Central Park North/110th St or 6 to 110th St • No referral needed

### THE BRONX

- **Bread of Life Mission** • 2176 Grand Concourse • (718) 839-0473 • M, W, F: 5-6:30pm • B10 to 182rd-183rd St • No referral needed
- **Salvation Army Citadel** • 425 E 159th St & Melrose • (718) 665-8472 • M, W, F: 1-2pm • 2/4 to 149th St • No referral needed
- **Manna of Life Ministry-Fellowship Chapel** • 578 E 166th St • (917) 549-8595 • Tu & F: 11am-1pm • B/D to 167th St • No referral needed
- **POTS - Part of the Solution** • 2759 Webster Ave • (718) 220-4892 • Every day: 12:30-3:30pm, Pantry: 9am-12pm • D to Kingsbridge/Bedford, 4 to Bedford

### BROOKLYN

- **CHIPS - Park Slope Christian** • 200 Fourth Ave (btw Sackett & Degraw) • (718) 237-2962 • M-F: 9am-11am; 11:30am-1pm; F: 1-3:30pm; Sandwiches M-F: 1-3pm; Sat: 11:30am-1:30pm • R to Union St • No referral needed
- **MASBIA: Boro Park** • 4114 14th Ave • (718) 972-4446 • Sun-Th: 4-8:30pm • F to Ditmas Ave • Kosher meals • No referral needed for first meal
- **MASBIA: Flatbush/Midwood** • 1372 Coney Island Ave • (718) 972-4446 • Sun-Th: 4-8:30pm • B/Q to Ave J • Kosher meals • No referral needed for first meal
- **St. John's Bread & Life** • 795 Lexington Ave • (718) 574-0058 • M-F: 8-9:30am, 10:30am-12:30pm • J to Kosciuszko • No referral needed

### QUEENS

- **Bethel Emmanuel Temple** • 106-23 154th St • (718) 834-8500 • M-F: 11am-2pm • Q12 to South Rd/154th St • No referral needed
- **Bethesda Missionary Baptist Church** • 179-09 Jamaica Ave • (718) 297-5908 • Th: 12-1:30pm • F to 179th St or Q110 • No referral needed

# RESOURCE GUIDE

## FOOD PANTRY

### MANHATTAN

- **New York City Rescue Mission** • 90 Lafayette St • (212) 226-6214 • Third Saturday of the month: 8am • 6 to Canal St • ID Required
- **St. Peter's Episcopal Church** • 346 W 20th St • (212) 929-2390 • Sat: 10-11:30am • C/E to 23rd St • ID Required
- **Sylvia Rivera Food Pantry** • 446 W 36th St • (212) 629-7440 • Th: 9-10am, Tu-F: 2-3pm (lunch bag) • A/C/E/1/2/3 to 34th St • No referral needed
- **Fraternite Notre Dame** • 2290 First Ave • (212) 876-5855 • Fri: 2-4pm • 6 to 116th St • No referral needed
- **New York Common Pantry** • 8 E 109th St • (917) 720-9700 • M-Sat: 9am-8pm; Sun: 4pm-8pm • 2/3 to Central Park North/110th St or 6 to 110th St • Must register first with photo ID, proof of address and proof of income/benefits

### THE BRONX

- **City of Faith Church of God** • 3453 White Plains Rd • (718) 798-3052 • Tu: 1-2:30pm • 2/5 to Gun Hill Rd • No referral needed • Photo ID required

### BROOKLYN

- **CHIPS - Park Slope Christian** • 200 Fourth Ave (btw Sackett & Degraw) • (718) 237-2962 • Fri: 11:30am-1pm • R to Union St • No referral needed
- **CAMBA Beyond Hunger** • 2241 Church Ave • (718) 282-3082 • Tu, Th: 10am-12:30pm • B/Q to Church Ave • No ID needed first time; ID required 2nd time

### QUEENS

- **Bethesda Missionary Baptist Church** • 179-09 Jamaica Ave • (718) 297-5908 • Wed: 8-10am • F to 179th St or Q17 or Q111 to Hillside Ave/179th St • No referral needed
- **Calvary Baptist Church** • 111-10 Guy R. Brewer Blvd • (718) 297-2301 • Wed: 10am-12pm; Th: 11:30am-1:30pm • A to Jamaica Station, Q111 to Guy R. Brewer Blvd • No referral needed • Bring photo ID

## SHOWER, LAUNDRY & HAIRCUTS

- **Broadway Community** • 601 W 114th St (off Broadway) • M, W, F: 10:30am-1:30pm • 1 to 116th • Showers
- **Department of Parks & Recreation** • Al Smith Recreation Center 80 Catherine St: 8am-2pm (8-9am in summer) and 6-8:30pm • Asser Levy Place E 23rd St: 6:30am-9:30pm • 348 E 54th St: 6:30am-9:30pm • Tony Dapolito Recreation Center 1 Clarkson St & 7th Ave South: M-F: 7am-9:30pm; Sat & Sun: 9am-4:30pm • Showers • Members only: \$100/year for adults 25-61, \$25/year for adults 18-24 or 62 and older
- **Catholic Worker Mary House** • 55 E 3rd St (btw 1st & 2nd) • (212) 777-9617 • Tu-F: Line up at noon • F to 2nd Ave, 6 to Astor Pl, N/R to 8th St • Women & Children Only • Showers
- **POTS - Part of the Solution** • 2759 Webster Ave • (718) 220-4892 • M-F: 8:30-10:30am • B/D to Kingsbridge Rd, 4 to Bedford • Showers
- **New York Common Pantry** • 8 E 109th St • (917) 720-9700 • Showers: M-F: 8:30am-1pm • Laundry (2lbs max): M-W: 9am-1pm • Free haircuts: Wed: 9:30am-12:30pm • 2/3 to Central Park North/110th St or 6 to 110th St • Sign-up for shower/laundry must be done before 9:30am; sign-up for haircuts during breakfast, Wed: 8-9:15am



# RESOURCE GUIDE

## CLOTHING

### MANHATTAN

- **Bowery Mission** • 227 Bowery St (btw Prince & Rivington) • (212) 674-3456 • Mon (referral needed, interview clothing only): 11:30am • Tu & F (no referral needed): 11:30am • 6 to Spring St, J to Bowery
- Men Only
- **Mary's House** • 55 E 3rd St (btw 1st & 2nd) • (212) 777-9617 • Tu-F: 12-2pm • F to 2nd Ave, 6 to Astor Pl, N/R to 8th St • No referral needed • Call beforehand
- **New York City Rescue Mission** • 90 Lafayette St • (212) 226-6214 x101 • M, W, F: 2:30-4pm • 6 to Canal St • Men & Women
- **St. Luke's Lutheran Church** • 308 W 46th St (btw 8th & 9th Ave) • (212) 246-3540 • 1st Mon of each month: Oct-Dec; Feb-June, 11:30am-1pm • A/C/E to 42nd St, N/R to 49th St • Referral required
- **St. Paul's House** • 335 W 51st St • (212) 265-5433 • Tu: 10am • C to 50th St • No referral needed (Referral required for business clothes)

### THE BRONX

- **Our Lady of Refuge Thrift Shop** • 2845 Briggs Ave • (718) 733-9026 • Fri & Sat: 11am-3pm • B/D to Kingsbridge Rd • Clothes sold at nominal prices
- **POTS - Part of the Solution** • 2759 Webster Ave • (718) 220-4892 • M, W, F: 10:45-11:45am • B/D to Kingsbridge Rd, 4 to Bedford • Line forms 7-8am

### BROOKLYN

- **St. John the Baptist Church** • 333 Hart St • (718) 455-6864 • M, W, Th: 10am-12pm • J/M to Myrtle & Broadway • Photo ID & referral needed • Call beforehand

### QUEENS

- **Majority Baptist Church** • 115-21 Farmers Blvd • (718) 528-6690 • Every second Wed: 11am-4pm • Q03 to Farmers Blvd-Westgate St • No referral needed
- **Salvation Army-Queens Temple Community Center** • 86-07 35th Ave • (718) 335-3693 • 10-10:30am • 7 to 90th St-Elmhurst • No referral needed

## LEGAL SERVICES

- **POTS - Part of the Solution Legal Clinic** • 2759 Webster Ave, the Bronx • (718) 220-4892 • M, Th, F: 9am-3pm • B/D to Kingsbridge Rd, 4 to Bedford • Assistance with public benefits, eviction prevention, immigration

## DROP-IN CENTERS

### MANHATTAN

- **New York City Rescue Mission** • 90 Lafayette St • (212) 226-6214 • Open daily • Women admitted 3-5pm • Men admitted 4-5:30pm • 6 to Canal St
- **Main Chance** • 120 E 32nd St • (212) 883-0680 • Open 24 hours • 6 to 33rd St • Men & Women

### THE BRONX

- **Living Room** • 800 Barretto St • (718) 893-3606 • Open 24 hours • 6 to Hunts Point, BX6 to Lafayette • Men & Women, 25 & older

### BROOKLYN

- **The Gathering Place** • 2402 Atlantic Ave • (718) 385-8726 • Jan-March: open 24 hours; April-Dec: close at 8:30pm • A to Broadway Junction, L to Atlantic Ave • Men & Women



# RESOURCE GUIDE

## SHELTER FOR SINGLE ADULTS

### **MEN**

- **30th Street** • 400-430 E 30th St • (212) 481-0771 • Intake is open 24 hours • 6 to 28th St • Men only

### **WOMEN**

- **Brooklyn Women's Shelter (BWS)** • 116 Williams Ave • (718) 483-7700 • Intake is open 24 hours • C to Liberty Ave • Women only
- **Franklin Women's Shelter** • 1122 Franklin Ave • (718) 842-9865 • Intake is open 24 hours • 2/5 to 149th St & 3rd Ave, transfer to Bx55/Bx15 to 167th St • Women only

## SHELTER FOR COUPLES

- **Adult Family Intake Center (AFIC)** • 400-430 E 30th St (at 29th St & 1st Ave) • (212) 481-4704 • Open 24 hours • 6 to 28th St • Application office for adult couples WITHOUT minor children

## SHELTER FOR FAMILIES

- **PATH** • 151 E 151st (Bronx) • (917) 521-3900 • Open 24 hours • 2/4 to 149th St/Grand Concourse • Must be a family with children under 21 years old or a pregnant family

## YOUTH SHELTERS AND SERVICES

- **Streetwork Harlem Drop-In Center** • 209 W 125th • (212) 695-2220 • M, Tu, Th & F: 12pm-5pm; Wed, Sat & Sun: Emergencies only • 2/3/A/B/C/D to 125th St • Up to age 24
- **Safe Horizon - Lower East Side Drop-In Center** • 33 Essex St • (646) 602-6404 • Tu, Th, F: 1-5pm
- J/M/Z to Essex St, F to E Broadway • Up to age 24
- **Ali Forney Drop-In Center** • 321 W 125th St • (212) 206-0574 • Intake: M, Tu, Th, F: 8am or 2pm; Wed: 5pm; Sat & Sun: 1pm • A/C/B/D to 125th St • LGBTQ youth ages 16-24
- **Covenant House NY Street Outreach** (917) 509-9303
- **Streetwork Hotline** (800) 708-6600
- **Runaway Hotline** (800) 786-2929
- **Teen Crisis Hotline** (800) 999-9999
- **Teen Pregnancy Hotline** (866) 942-6466

## EMERGENCY NUMBERS

- **AIDS Hotline** (800) 541-2437
- **Alcoholics Anonymous** (212) 647-1680
- **Bias Hotline** (877) 363-2427
- **Child Abuse Hotline** (800) 342-3720
- **Coalition for the Homeless** (212) 776-2000
- **Crime Victim Hotline** (212) 577-7777
- **Disaster Distress Helpline** (800) 985-5990
- **Domestic Violence Hotline** (800) 621-4673
- **Drug and Alcohol Hotline** (800) 622-2255
- **Elderly Crime Victim's Resource Center** (212) 442-3103
- **Employment Information** (888) 469-7365
- **Eviction Prevention Hotline** (212) 962-4795
- **Food and Hunger Hotline** (866) 888-8777
- **Food Stamps - English & Spanish** (718) 557-1399
- **GMHC** (800) 243-7692
- **Homeless Services Hotline** (212) 533-5151
- **Immigration Hotline** (212) 419-3737
- **Legal Aid Society** (212) 577-3300
- **Mental Health Services** (800) 543-3638
- **Narcotics Anonymous** (212) 929-6262
- **NYC Housing Authority Application** (718) 707-7771
- **Poison Control Center** (212) 340-4494 or (800) 222-1222
- **Police Sex Crime Unit** (212) 267-7273
- **Project Renewal Mobile Medical Van** (646) 737-3753
- **Rape Crisis Hotline** (212) 227-3000
- **Senior Hotline** (800) 342-9871
- **Social Security Administration** (800) 772-1213
- **Suicide Hotline** (800) 273-8255
- **Traveler's Aid** (866) 201-7399
- **Veterans Crisis Line** (800) 273-8255 x1