Testimony of

The Legal Aid Society

and

Coalition for the Homeless

on

Preconsidered Introductions: In relation to runaway and homeless youth services for homeless young adults, In relation to time frames for runaway and homeless youth shelter services, and In relation to shelter for runaway and homeless youth.

prepared for submission to

The New York City Council
Committee on Youth Services

by

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**Introduction**

We would like to thank the Committee on Youth Services and Committee Chair Deborah Rose for providing us with an opportunity to be heard concerning the preconsidered introductions regarding services for runaway and homeless youth (RHY). We must also thank Council Speaker Corey Johnson and his staff, whose hard work and commitment to this vulnerable population are steadfast and ongoing. Additionally, we applaud the Council for its continued commitment to supporting this underserved population.

**Basic RHY Demographics**

As we discussed at length at an oversight hearing on September 28, 2017, runaway and homeless youth are generally defined as unaccompanied young people who have run away or been forced to leave home and now reside in temporary situations, places not otherwise intended for habitation, or emergency shelters. The federal Runaway and Homeless Youth Act defines the population as being between 12 and 24 years of age. As of April 2017, New York State redefined RHY to be anyone under the age of 25 and changed other portions of New York’s Runaway and Homeless Youth Act, thereby laying the groundwork for two bills passed last session and the package before the Council today.

It is notoriously difficult to accurately count the number of runaway and homeless youth in New York City, and this difficulty is a substantial barrier to the provision of adequate shelter and services. The only government-sponsored youth count is organized around the City’s Point in Time (PIT) count, which takes place on a mid-winter night. Providers and advocates have long argued that the PIT and youth counts miss substantial portions of RHY. Reasons for this vary from arguments that the definition of RHY does not include significant parts of the population, such as those couch-surfing or engaging in survival sex, to arguments that youth experiencing homelessness have an ability to blend into the fabric of the City. Although not the subject of this hearing, both the PIT and related youth count serve as an inadequate snapshot of homeless youth on a particular day rather than a census of youth with unstable housing situations who are in need of City services. This is an issue that should be examined in future Council hearings.

Nationally there has been some significant progress on evaluating the number of homeless youth. Near the end of 2017, Chapin Hall, an independent policy research center at the University of Chicago, produced a sobering report called Voices of Youth Count. Anyone who knows a youth who has experienced homelessness knows the information contained in the report to be true; however, the details are still staggering. Results show that 1 in 10 young adults ages 18 to 25 have experienced homelessness in some form in a one-year period. We have attached the one-page summary of the study to our testimony for further reference.

By our most reliable estimates, roughly 3,800 youth in New York City are homeless, and the city does not have nearly enough shelter beds—crisis or transitional independent living (TIL)—to serve this population. As of February 12, 2018, the Department of Youth and Community

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1 The City’s PIT count is called the HOPE Count and the 2018 HOPE Count occurred on Monday, January 22, 2018.
Development (DYCD) has contracted 751 beds to be opened through Fiscal Year 2019, while 309 TIL beds and 236 crisis beds are currently open and available to RHY. This is certainly an improvement over four years ago, when there were just 253 beds. However, it is still woefully insufficient to serve the number of RHY in New York City, especially considering that only 20 of those new beds are for crisis shelter.

As is the case with so many other marginalized and system-involved populations we work with, youth of color and LGBTQ/TGNC youth are vastly overrepresented in the RHY population. Chapin Hall reports that Hispanic, non-white youth have a 33% higher risk for homelessness and Black or African-American youth have an 83% higher risk. 4 Unmarried parenting youth have a 200% higher risk for homelessness. 5 These results are consistent with prior New York City Youth Count numbers. In 2015, 44% of respondents to NYC’s Youth Count survey were Black, 24% were Latino, and 17% identified as two or more races. 6 Although the 2016 and 2017 Youth Count reports do not break out the percentages of respondents in the same manner, both reports indicate a similar breakdown. 7 Similarly, LGBTQ youth become homeless at a significantly higher rate than the adolescent population as a whole and are vastly overrepresented in the RHY population. Chapin Hall’s study indicated that LGBT youth have a 120% higher risk for homelessness, which is consistent with a 2012 report by the NYC Association of Homeless and Street Involved Youth Organizations that shows that lesbian, gay, bisexual, and questioning youth make up 25-40% of the homeless youth population in NYC and other large cities, 8 compared with 3-6% of the general population. 9 In addition, the Empire State Coalition of Youth and Family Services presented census data showing that 5% of homeless youth identified as transgender and another 18% were unsure or chose not to answer the question about gender identity. 10 According to the City’s own 2015 Youth Count, almost 60% of youth living in shelters or transitional living facilities, 50% of youth in unstable housing, and 30% of unsheltered youth identified as a sexual orientation other than straight. 11 Many homeless youth are also immigrants, and like their older counterparts, face additional challenges in accessing services and permanent housing, especially in the current political climate. Immigrant RHY cannot apply for financial aid and often cannot work legally, making it all the more difficult to stabilize.

**Causes of Youth Homelessness**

In 2013, a comprehensive survey by the New York City Coalition on the Continuum of Care shed important light on the causes of youth homelessness. The top reasons for homelessness at that time were reported as “fighting frequently with parents” (34%), being “kicked out” of the home (31%), “physical, mental or sexual abuse” (34%), “neglect or [a] parent not meeting basic needs” (29%), and “حضور أو عدم وجود أب أو أم” (24%).

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4 Chapin Hall of the University of Chicago, *Missed Opportunities: Youth Homelessness in America*, supra.
5 Id.
10 Empire State Coalition of Youth and Family Services, supra.
needs” (26%), unwillingness to “live by parents’ rules” (20%), and parental use of drugs or alcohol (20%). Anecdotally, these statistics are reflected in the stories we hear from clients with whom we work daily and are distinct from the reasons adults become homeless. Often the choice to leave home is a survival strategy in and of itself. Remarkably, youth experiencing homelessness demonstrate incredible fortitude and resilience in overcoming trauma, routine discrimination, and incredible systemic barriers.

**Youth Experiencing Homelessness**

By definition, RHY are disconnected from the very support systems that are intended to support adolescent development into adulthood, such as their families and schools. Even before a young person is considered runaway or homeless, they have likely experienced trauma. This trauma is only exacerbated each day they experience homelessness.

While it is difficult to explain all of the ways in which youth experience homelessness in New York City, there are common threads. Not surprisingly, homeless youth in New York face myriad dangers, obstacles, and simply frightening circumstances as they navigate the city trying to survive. Survival often involves entry into the street economy. Many homeless youth are pressured to trade sex for a place to sleep or shower, and about one-third to half of these youth exchange sex for money, food, or a place to stay. Many are victims of sex trafficking. These dangers expose them to a significantly heightened risk of sexually transmitted diseases, including HIV. For runaway or homeless youth with serious substance abuse issues, which often stem from the very chaotic and traumatic family histories that drove them to homelessness, options are limited. Programs are often abstinence based, and many of these youth need treatment, support, and time before they are able or ready to quit. RHY are at high risk of involvement with the juvenile or criminal justice system due to their homelessness. The lack of stability can also impact their ability to continue with school, or find and maintain employment. For these reasons, access to meaningful healthcare, including access to quality mental healthcare, and related services is particularly crucial for RHY. Despite the many challenges they face, RHY exhibit a common desire to be self-sufficient and yearn for the tools and ability to be successful in that pursuit. Because they do not share many of the characteristics of chronically homeless adults, it is critical to provide youth-specific shelter and services that increase their ability to achieve self-sufficiency.

Chapin Hall’s study also confirmed what previous research and anecdotal experience has shown: The longer a young person is homeless, the more difficult it is for them to rise out of this

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12 Lance Freeman and Darrick Hamilton for the New York City Coalition on the Continuum of Care, *A Count of Unaccompanied Homeless Youths* in New York City, November 19, 2013.
15 Empire State Coalition of Youth and Family Services, supra.
16 Id.
18 Empire State Coalition of Youth and Family Services, supra.
experience and “contribute to stronger families, communities, and economies.”19 The report continues to support the idea that housing solves homelessness: “to exit homelessness permanently, youth require housing and support services tailored to their unique developmental needs,” and youth-specific shelter and services for which we have long advocated provide this opportunity.20

**Crisis and TIL Bed Availability**

The City has put forth more resources over the last few years to increase the number of beds that are available to RHY aged 16-20, but it still has a long way to go. Notably, all but 20 of the beds that have been added to the DYCD-funded RHY shelter system are transitional independent living (TIL) beds, which don’t address the need for short-term crisis placements as a pivotal initial placement. As providers and youth confirm time and again, while the situation has improved significantly, there are still not enough crisis beds for RHY, and homeless youth are turned away. There is not a reliable or standardized system in place to count youth who are turned away in their attempt to access emergency shelter, which is why the Council’s passage of the reporting bill last session will be instrumental in furthering our understanding of the nature and number of resources needed.

While in crisis shelter, homeless youth are eligible to apply for TILs. TILs are DYCD-funded residential facilities intended to assist homeless youth transition to independent living. Although DYCD will place some youth directly into TILs upon entry into shelter, usually the TIL application process requires an applicant to submit a mental health evaluation, and requires youth to demonstrate that they are either enrolled in school or employed. These longer-term housing options are intended to help youth who have stabilized in crisis shelter settle into smaller, more home-like environments where, with support, they can develop the ability to be self-sufficient before aging out or timing out back into the community.

It is also important to note that while we often describe the need for RHY beds, the reality is that the services surrounding the youth in the beds are what truly make these programs valuable. Many service providers in New York City go above and beyond what is required of them by State law, and task themselves not only with providing a place for young people to sleep, but also providing crucial resources, referrals, and support to these young people in need.

**The Positive Impact of Specialized Services for Runaway and Homeless Youth**

In 2017 a groundbreaking white paper was released by the Center for Drug Use and HIV Research at NYU Rory Meyers College of Nursing in collaboration with the Coalition for Homeless Youth. The purpose of the underlying study was to build upon a foundation of other research and over a three-year period to examine a diverse group of RHY service providers and assess the effectiveness of these programs.21 One of the most significant findings of the study is that high-quality RHY programs not only meet basic requirements, but “address higher order relational, psychological, and motivational needs… fostering a sense of resilience among RHY”

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20 Id.
and providing long-term benefits to a youth’s functioning. In short, well-funded, high-quality RHY programs make a positive impact on a youth’s ability to stabilize and successfully transition from crisis to independence. While more research is needed to evaluate the long-term benefits of RHY services, understanding that these programs make a proven difference to the youth they serve gives further support to why we are here pushing for the passage of this package of legislation.

Support for the Package of Proposed Legislation
Every one of the three preconsidered introductions under consideration today would, if passed, have a meaningful and positive impact on the lives of New York City’s runaway and homeless youth. For this reason, we strongly urge the Council to pass them all. It is worth noting that some of these laws would not be possible without last spring’s amendments to the State’s Runaway and Homeless Youth Act (RHYA), which provide, among other things, that municipalities may elect to expand their RHY systems to serve youth up to age 24, and that runaway youth may stay in crisis shelter for up to 120 days. While we understand the current Mayoral administration may support some of these initiatives, including already allowing an extension in stays, we believe it is still imperative for the Council to pass the entire package to ensure that RHY will have access to these life-saving services in the long term and regardless of who is in office.

Councilmember Gibson and Council Speaker Johnson’s Bill In relation to time frames for runaway and homeless youth shelter services (Extending the Time Limits)
This bill, which contains identical language to Int. No. 1699 proposed last session, would serve to align local law with the recently amended New York State RHYA by extending the lengths of time that runaway youth can remain in crisis shelters and homeless youth can remain in TIL shelters. The current shelter time limits create an untenable cycle in which RHY are often unable to work quickly enough to make suitable living arrangements and are regularly discharged from shelters back to the streets. These proposed extended time limits are an important step toward allowing the shelter system to genuinely support our young people as they work to emerge from the system no longer homeless, rather than to perpetuate that cycle. The State has recognized this reality, and the City should formally do the same with this legislation.

Councilmember Torres’ and Council Speaker Johnson’s Bill In relation to runaway and homeless youth services for homeless young adults (Raise the RHY Age)
This bill would allow NYC to take advantage of the changes to NY State law that allow municipalities to opt into serving RHY up to their 25th birthdays. Not only have youth and advocates pushed for this change for years, but an expert consensus has emerged regarding adolescent brain development, establishing that the prefrontal cortex of the brain—which largely governs impulse-control, judgment, and planning—generally does not mature until well after the teenage years. In fact, research demonstrates that the brain undergoes a “rewiring” process that is not complete until approximately 25 years of age. The Supreme Court itself has recognized this

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22 Id. at 16.
23 The amendments also continued to affirm that there are no time limits on homeless youths’ length of stay in crisis shelter.
24 It is worth noting that increasing the crisis shelter deadline extension for runaway youth will also help homeless youth because, although the statute does not set a time limit for homeless youth, DYCD and its providers use the same deadline for all youth using a crisis bed, whether runaway or homeless.
reality. In keeping with what we know about brain development, the amended RHYA provides that municipalities seeking State funding may include “homeless young adults”—defined as homeless persons age 21 to 24—within their plans for serving runaway and homeless youth. New York City should opt to serve 21-24 year olds as homeless young adults, separate and apart from the DHS system. These young people, much like their younger homeless counterparts, are not like older homeless people: they are homeless for different reasons, they cope with and experience homelessness differently, and they need different services and supports in order to emerge from homelessness as healthy, self-sufficient people. While 21-24 year olds are not children or even teens, in many important respects they are also not yet adults, and the system should treat them accordingly.

We must note that the language of this bill should be adapted to make clear that the burden of providing these services does not rest solely on the providers themselves, but rather that DYCD is obligated to provide services for this population through its contracts with RHY providers and in accordance with New York City and State laws. The current language could be interpreted to place this obligation on providers and we suggest the Council adjust it to make it clear the obligation rests squarely on DYCD’s shoulders.

Council Speaker Johnson’s Bill In relation to shelter for runaway and homeless youth (Capacity and Reporting)

This language varies the most from Int. No. 1700, which was introduced last session. Although the bill language in its current form would still require DYCD to report annually on the demographics and characteristics of the RHY population, the report on capacity is a change from prior language. Reporting requirements such as these not only foster transparency and accountability, they are the means by which NYC will understand who these young people are and what they need. Without an accurate and regularly updated picture of this population, the City cannot serve them well. This bill will begin to provide a sense of who is using the system and will broaden reporting requirements, as has been done previously for other shelter systems in NYC. Also, this bill will ensure that youth who are trying to access shelter services will be able to do so. As stated above, the bill language should be clear that DYCD is tasked with providing the required reports, rather than the providers.

The Legal Aid Society and Coalition for the Homeless have a well-established history of fighting for our marginally housed and homeless clients. As advocates who have sued the City of New York to ensure a right to shelter for various New Yorkers—including RHY—we are disappointed to see that the current bill language has removed an obligation on the City to provide youth-specific shelter and services to all runaway and homeless youth. It is without question that meaningful capacity planning is integral to the success of service expansion, and requiring the City to use its newly imposed reporting to develop a plan to provide shelter to all

25 See Graham v. Florida, 560 U.S. 48, 68 (2010); Miller v. Alabama, 132 S. Ct. 2455, 2464 n.5 (2012) (“The evidence presented to us in these cases indicates that the science and social science supporting Roper’s and Graham’s conclusions have become even stronger. See, e.g., Brief for American Psychological Association et al. as Amici Curiae 3 (‘[A]n ever growing body of research in developmental psychology and neuroscience continues to confirm and strengthen the Court’s conclusions’); id., at 4 (‘It is increasingly clear that adolescent brains are not yet fully mature in regions and systems related to higher order executive functions such as impulse control, planning ahead, and risk avoidance’); Brief for J. Lawrence Aber et al. as Amici Curiae 12–28 (discussing post Graham studies).
runaway and homeless youth who request such help is an incredible step toward adequately serving this important part of our community. However, we strongly encourage the Council to include language that would ensure such a plan would be implemented within a time frame that would require the City to follow through on what we believe is its legal obligation to serve all homeless youth, and that implementation needs to happen as soon as possible. To do so would be a powerful statement in support of the thousands youth who wish to stabilize and thrive.

**Lack of Permanent Housing for RHY**
While it is not the direct focus of this hearing, we would be remiss not to mention how crucial it is for RHY to have access to meaningful permanent housing options. Other than some limited supportive housing units, youth leaving the RHY shelter system do not have access to any of the long-term housing resources afforded to individuals leaving other NYC shelters. RHY in youth shelter do not have access to a NYCHA priority or housing vouchers such as LINC. While the City and State administrations have explained that they are working on including RHY in the housing plan and voucher eligibility in the future, that has not yet materialized. Until this population has access to permanent, affordable housing, they will truly be unable to fully realize their potential as self-sufficient members of our city. Both the Chapin Hall study and the report completed in collaboration with NYU and the Coalition for Homeless Youth underscore the critical importance of providing actual permanent housing options to this population, and that must happen without further delay.

**Conclusion**
Thank you again to the committee for looking so closely at a number of issues facing our runaway and homeless youth. We strongly encourage you to pass all of the bills before you with the suggestions included in our testimony above, and are happy to answer any questions.

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**About The Legal Aid Society and Coalition for the Homeless**

**The Legal Aid Society:** The Legal Aid Society, the nation’s oldest and largest not-for-profit legal services organization, is more than a law firm for clients who cannot afford to pay for counsel. It is an indispensable component of the legal, social, and economic fabric of New York City – passionately advocating for low-income individuals and families across a variety of civil, criminal and juvenile rights matters, while also fighting for legal reform.

The Legal Aid Society has performed this role in City, State and federal courts since 1876. It does so by capitalizing on the diverse expertise, experience, and capabilities of more than 1,100 lawyers, working with some 800 social workers, investigators, paralegals and support and administrative staff. Through a network of borough, neighborhood, and courthouse offices in 26 locations in New York City, the Society provides comprehensive legal services in all five boroughs of New York City for clients who cannot afford to pay for private counsel.

The Society’s legal program operates three major practices — Civil, Criminal and Juvenile Rights — and receives volunteer help from law firms, corporate law departments and expert consultants that is coordinated by the Society’s Pro Bono program. With its annual caseload of more than 300,000 legal matters, The Legal Aid Society takes on more cases for more clients
than any other legal services organization in the United States. And it brings a depth and breadth of perspective that is unmatched in the legal profession.

The Legal Aid Society’s unique value is an ability to go beyond any one case to create more equitable outcomes for individuals and broader, more powerful systemic change for society as a whole. In addition to the annual caseload of 300,000 individual cases and legal matters, the Society’s law reform representation for clients benefits more than 1.7 million low-income families and individuals in New York City and the landmark rulings in many of these cases have a State-wide and national impact.

The Legal Aid Society is uniquely positioned to speak on issues of law and policy as they relate to New York City’s runaway and homeless youth. Each of our three practice areas routinely interacts with the RHY population. The Legal Aid Society is counsel to the Coalition for the Homeless and for homeless women and men in the Callahan and Eldredge cases. The Legal Aid Society is also counsel in the McCain/Boston litigation in which a final judgment requires the provision of lawful shelter to homeless families. Recently Legal Aid, along with institutional plaintiffs Coalition for the Homeless and Center for Independence of the Disabled – NY, settled Butler v. City of New York on behalf of all disabled New Yorkers experiencing homelessness. Legal Aid’s Juvenile Rights Practice provides comprehensive representation as attorneys for children who appear before the New York City Family Court in abuse, neglect, juvenile delinquency, and other proceedings affecting children’s rights and welfare. Last year, our staff represented approximately 34,000 children. Last year, the Society’s Civil Practice provided free direct legal assistance in more than 48,500 cases and legal matters through neighborhood offices in all five boroughs, and 23 specialized units, of which the Homeless Rights Project is one. Our Criminal Practice handles over 220,000 trial and post-conviction cases a year, some of which arise out of arrests predicated on our clients’ homeless status. Our perspective comes from daily contact with children and their families, and also from our frequent interactions with the courts, social service providers, and State and City agencies.

In addition to representing many thousands of children, youth, and adults each year in trial and appellate courts, we also pursue impact litigation and other law reform initiatives on behalf of our clients. On December 30, 2013, The Legal Aid Society, in collaboration with Patterson Belknap Webb & Tyler, LLC, filed C.W. v. The City of New York, a federal class action lawsuit on behalf of RHY in New York City. The lawsuit seeks to establish that young people in New York have a right to youth-specific shelter, and to remedy (1) the City’s consistent failure to provide an adequate number of shelter beds for RHY, (2) its routine discharge of youth from crisis shelters before permanent housing has been secured, and (3) its longstanding failure to provide reasonable accommodations or mental health services to RHY with disabilities. Our goal in litigation is to ensure that the City creates and maintains enough youth-specific beds to meet the needs of all youth seeking shelter. No youth should languish on the street while relegated to a shelter waiting list or be discharged from shelter due to arbitrary time limits. In addition, we seek to ensure that youth discharged from shelter are provided with due process prior to any ejection from shelter. All five of the bills at issue today would bring us closer to these goals, by giving youth more time in crisis shelter to secure other housing, by fostering transparency and accountability in service provision, by streamlining the intake and assessment
process between DYCD and DHS, and by providing young adults aged 21-24 with age-appropriate services.

Coalition for the Homeless: Coalition for the Homeless, founded in 1981, is a not-for-profit advocacy and direct services organization that assists more than 3,500 homeless New Yorkers each day. The Coalition advocates for proven, cost-effective solutions to the crisis of modern homelessness, which is now in its fourth decade. The Coalition also protects the rights of homeless people through litigation involving the right to emergency shelter, the right to vote, and life-saving housing and services for homeless people living with mental illness and HIV/AIDS.

The Coalition operates 11 direct-services programs that offer vital services to homeless, at-risk, and low-income New Yorkers. These programs also demonstrate effective, long-term solutions and include: Supportive housing for families and individuals living with AIDS; job-training for homeless and formerly-homeless women; and permanent housing for formerly-homeless families and individuals. Our summer sleep-away camp and after-school program help hundreds of homeless children each year. The Coalition’s mobile soup kitchen distributes over 900 nutritious hot meals each night to homeless and hungry New Yorkers on the streets of Manhattan and the Bronx. Finally, our Crisis Intervention Department assists more than 1,000 homeless and at-risk households each month with eviction prevention, individual advocacy, referrals for shelter and emergency food programs, and assistance with public benefits as well as basic necessities such as diapers, formula, work uniforms, and money for medications and groceries.

The Coalition was founded in concert with landmark right to shelter litigation filed on behalf of homeless men and women (Callahan v. Carey and Eldredge v. Koch) and remains a plaintiff in these now consolidated cases. In 1981 the City and State entered into a consent decree in Callahan through which they agreed: “The City defendants shall provide shelter and board to each homeless man who applies for it provided that (a) the man meets the need standard to qualify for the home relief program established in New York State; or (b) the man by reason of physical, mental or social dysfunction is in need of temporary shelter.” The Eldredge case extended this legal requirement to homeless single women. The Callahan consent decree and the Eldredge case also guarantee basic standards for shelters for homeless men and women. Pursuant to the decree, the Coalition serves as court-appointed monitor of municipal shelters for homeless adults, and the City has also authorized the Coalition to monitor other facilities serving homeless families.