



RESOURCE GUIDE

GRAND CENTRAL FOOD PROGRAM

The Grand Central Food Program operates at St. Bartholomew's Church • 108 E 51st St • Daily: 5:30-7pm • 6 to 51st St.

DOWNTOWN ROUTE

7:15pm 35th St under FDR Dr
7:30pm Lower East Side Harm Reduction (25 Allen St)
7:45pm Housing Court/Chinatown (Lafayette & Leonard St)
8:00pm Staten Island Ferry
8:20pm Sunshine Hotel/Bowery Mission (Bowery, btw Stanton & Rivington)
8:30pm Union Square
8:45pm Madison Square Park (5th Ave & 27th St)
9:15pm Penn Station (NE Corner of 34th St & 8th Ave)

UPTOWN ROUTE

7:15pm SW Corner of 51st St & Broadway
7:35pm Port Authority (40th St)
7:55pm 79th St Boat Basin (79th St & West Side Hwy)
8:15pm 86th St & West End Ave
8:30pm Cathedral of St. John the Divine (112th & Amsterdam Ave)
8:45pm Harlem Hospital (137th St & Lenox Ave)
9:00pm Lexington Ave & 124th St
9:15pm Central Park (5th Ave & 72nd St)
9:30pm SONY Building (55th St, btw Madison & 5th Ave)

BRONX ROUTE

7:30pm SW Corner of Randall Ave & Bryant Ave
7:40pm NW Corner of Lafayette Ave & Manida St
8:00pm Lincoln Hospital (Morris Ave & 148th St)
8:25pm 164th St & Ogden
8:30pm 170th St & Jerome
8:45pm Fordham Rd & University Ave
9:00pm Fordham Rd & Webster Ave

CRISIS INTERVENTION

The Coalition for the Homeless Crisis Intervention Program provides same-day, walk-in help for New Yorkers who are homeless or at risk of homelessness. Our counselors and advocates are available **Monday through Friday at 9am. We see a limited number of clients on a first come, first served basis, and strongly advise arriving by 8am.**

We provide assistance and advocacy with problems at shelters, intake centers (PATH, AFIC, etc.), benefits (Welfare, Food Stamps, SSI/SSD, Medicaid, etc), eviction prevention, establishing a mailing address, and applications for housing assistance. We also provide referrals to shelter, clothing, food pantries, legal services, counseling, detox and addiction treatment, job training, mental health services, domestic violence counseling, assistance with ID, and other services.

The Coalition for the Homeless

129 Fulton Street

Corner of Nassau Street, located in Lower Manhattan

Mon, Tues, & Thurs: We see the first 50 clients

Wed & Fri: We see the first 30 clients

Return carfare provided.

Directions: A, C, 2, 3, 4, 5, J or Z train to Fulton Street station

STREET OUTREACH - 311

New York City partners with nonprofits to provide outreach, offer support services, and encourage people living on the streets to enter into shelter. If you are street homeless or you know the location of someone who might benefit from a street outreach team, **please call 311 and ask for homeless outreach.**

RESOURCE GUIDE

SOUP KITCHENS

MANHATTAN

- **St. Bartholomew's Church** • 108 E 51st St • (212) 378-0231 • Sun, M, W: 7-8:30am; M-F: 5:30-7pm; Sat: 9:30-11am • 6 to 51st St • No referral needed
- **New York City Rescue Mission** • 90 Lafayette St • (212) 226-6214 • M-Sun: 6:15-7am; 5-6:30pm • 6 to Canal • No referral needed
- **Central Synagogue** • 123 E 55th St • (212) 838-5122 • Th, F: 6-7:30am • 6 to 51st St • No referral needed
- **Grand Central Neighborhood** • 120 E 32nd St • (212) 883-0680 • Daily: 6:30-7:30am; 12:15-1:15pm; 4:15-5:30pm • 6 to 33rd St • No referral needed
- **Holy Apostles Soup Kitchen** • 296 9th Ave • (212) 924-0167 • Meals and social services, M-F: 10:30am-12:30pm • C/E to 23rd St • No referral needed
- **Mary's House** • 55 E 3rd St (btw 1st & 2nd) • (212) 777-9617 • Tu-F: 12-2pm • F to 2nd Ave, 6 to Bleeker St, N/R to 8th St • Women only
- **St. Francis of Assisi Breadline** • 135 W 31st St (btw 6th & 7th Ave) • (212) 736-8500 • M-Sun: 7am (show up at 6:30am) • B/D/F/M/N/Q/R to 34th St-Herald Sq • No referral needed
- **St. Joseph's House** • 36 E 1st St • (212) 254-1640 • M-F: 10-11:30am • F to 2nd Ave, 6 to Bleeker St • No referral needed
- **St. Luke's Lutheran Church** • 308 W 46th St (btw 8th & 9th) • (212) 246-3540 • Tu, Th: 1-2pm (closed Aug-Sept) • A/C/E to 42nd St, R to 49th St • No referral needed
- **St. Paul's House** • 335 W 51st St • (212) 265-5433 • M, W, F: 7:30-9am • C to 50th St • No referral needed
- **New York Common Pantry** • 8 E 109th St • (917) 720-9700 • M-F: 8-9:30am; M, W, F: 4:30-6pm; Bags on Sat, Sun, Holidays 4-5pm • 2/3 to Central Park N/110th St, 6 to 110th St • No referral needed
- **Broadway Community** • 601 W 114th St • M, W, F: 10:15am, 12:15pm • 1 to 116th St • No referral needed

THE BRONX

- **Bread of Life Mission** • 2176 Grand Concourse • (718) 839-0473 • M, W, F: 5-6:30pm • D to 182nd-183rd St, 4 to 183rd St • No referral needed
- **Salvation Army Citadel** • 425 E 159th St & Melrose • (718) 665-8472 • M, W, F: 1-2pm • 2/4 to 149th St • No referral needed
- **Manna of Life Ministry-Fellowship Chapel** • 578 E 166th St • (917) 549-8595 • Sat: 11am-1pm • B/D to 167th St • No referral needed
- **POTS - Part of the Solution** • 2759 Webster Ave • (718) 220-4892 • Every day: 12:30-3:30pm, Pantry: M-Sat 9am-12pm, Sat 3:30-5:30 • D to Kingsbridge/Bedford, 4 to Bedford • ID required

BROOKLYN

- **CHIPS - Park Slope Christian** • 200 Fourth Ave (btw Sackett & Degraw) • (718) 237-2962 • M-F: 9am-11am; M-Sat: 11:30am-1pm; F: 1-4pm; Sandwiches M-F: 1-4pm; • R to Union St • No referral needed
- **MASBIA: Boro Park** • 5402 New Utrecht Ave A • (718) 972-4446 • Sun-Th: 6:30-8:00pm • D to 55th St • Kosher meals • No referral needed for first meal
- **MASBIA: Flatbush/Midwood** • 1372 Coney Island Ave • (718) 972-4446 • Sun-Th: 3-7:30pm • Pantry: F, 7-11am • B/Q to Ave J • Kosher meals • No referral needed for first meal
- **St. John's Bread & Life** • 795 Lexington Ave • (718) 574-0058 • M-F: 8-9:am, 10am-12pm • J to Kosciuszko • No referral needed

RESOURCE GUIDE

QUEENS

- **Bethel Emmanuel Temple** • 106-23 154th St • (718) 834-8500 • M-F: 11am-2pm • Q112 to Tuskegee Airmen/153rd St • No referral needed
- **Bethesda Missionary Baptist Church** • 179-09 Jamaica Ave • (718) 297-5908 • Th: 12-1:30pm • F to 179th Pl or Q110 to Jamaica Ave/179th Pl • No referral needed
- **Salvation Army-Queens Temple Community Center** • 86-07 35th Ave • (718) 335-3693 • Packed lunches Tu-F: 12-1pm • 7 to 90th St-Elmhurst • Clothing upon request
- No referral needed

FOOD PANTRY

MANHATTAN

- **New York City Rescue Mission** • 90 Lafayette St • (212) 226-6214 • Third Saturday of the month: 8am • 6 to Canal St • ID Required
- **St. Peter's Episcopal Church** • 346 W 20th St • (212) 929-2390 • Sat: 10:30-11:30am • C/E to 23rd St • ID required – referral preferred
- **Sylvia Rivera Food Pantry** • 446 W 36th St • (212) 629-7440 • Th: 9-10am, Tu-F: 2-3pm (lunch bag) • A/C/E/1/2/3 to 34th St • No referral needed
- **Fraternite Notre Dame** • 2290 First Ave • (212) 876-5855 • F: 2-4pm • 6 to 116th St • No referral needed
- **New York Common Pantry** • 8 E 109th St • (917) 720-9700 • M-Sat: 9am-8pm; Sun: 4pm-8pm • 2/3 to Central Park North/110th St, 6 to 110th St • Must register first with photo ID, proof of address and proof of income/benefits
- **Xavier Mission** • 55 West 15th St. • (212) 627-2100 • M-Sat: 10am-6pm • F/M/L to 14th St/6th Ave • ID required
- **The Church of the Village** • 201 W 13th St • (212) 243-5470 • Tu: 1-3pm (show up 11:30am), Meal: Sat 12-2pm • A/C/E/1/2/3 to 14th St/6th Ave • No ID required

THE BRONX

- **City of Faith Church of God** • 3453 White Plains Rd • (718) 798-3052 • Tu: 1-2:30pm • 2/5 to Gun Hill Rd • No referral needed • Photo ID required
- **Boom! Health** • 540 E Fordham Rd • (718) 295-5605 • M-F: 9am-4pm • B/D to Fordham Rd • No referral needed
- **POTS - Part of the Solution** • 2759 Webster Ave • (718) 220-4892 • Pantry: Mon-Sat: 9am-12pm, Sat: 3:30-5:30 • D to Kingsbridge/Bedford, 4 to Bedford • ID required

BROOKLYN

- **CHIPS - Park Slope Christian** • 200 Fourth Ave (btw Sackett & Degraw) • (718) 237-2962 • Fri: 1-4pm • R to Union St • No referral needed
- **CAMBA Beyond Hunger** • 21 Snyder Ave • (718) 282-3082 • Tu, Th: 10am-12pm • 2/5 to Church Ave • No ID needed first time; ID required 2nd time
- **St. John's Bread & Life** • 795 Lexington Ave • (718) 574-0058 • M-F: 8-11:30am, Tu & Th: 3-6pm • J to Kosciuszko • No referral needed

QUEENS

- **Bethesda Missionary Baptist Church** • 179-09 Jamaica Ave • (718) 297-5908 • W: 8-10am • F to 179th St, Q17 or Q111 to Hillside Ave/179th St • No referral needed
- **Calvary Baptist Church** • 111-10 Guy R. Brewer Blvd • (718) 297-2301 • W: 10am-12pm; Th: 11:30am-1:30pm • A to Jamaica Station, Q111 to Guy R. Brewer Blvd • No referral needed • Bring photo ID

RESOURCE GUIDE

SHOWER, LAUNDRY & HAIRCUTS

- **Broadway Community** • 601 W 114th St (off Broadway) • M, W, F: 10:30am-1:30pm • 1 to 116th St • Showers
- **Department of Parks & Recreation** • Members only: \$100/year for adults 25-61, \$25/year for adults 18-24 or 62 and older • Al Smith Recreation Center: 80 Catherine St: M-F: 8am-2pm (8-9am in summer) and 6-8:30pm • Asser Levy Place: E 23rd St: M-F: 6:30am-9:30pm, Sat & Sun: 8am-4:45pm • Tony Dapolito Recreation Center: 1 Clarkson St & 7th Ave South: M-F: 7am-9:30pm; Sat & Sun: 9am-4:30pm • Showers •
- **Mary's House** • 55 E 3rd St (btw 1st & 2nd) • (212) 777-9617 • Tu-F: Line up at noon • F to 2nd Ave, 6 to Bleeker St • Women & Children Only • Showers
- **POTS - Part of the Solution** • 2759 Webster Ave • (718) 220-4892 • M-F: 8:30-10:45am (line up at 8am) • B/D to Kingsbridge Rd, 4 to Bedford • Showers
- **New York Common Pantry** • 8 E 109th St • (917) 720-9700 • Showers: M-F: 8:30am-1pm (Sign up by 9:30am) • Laundry (2lbs max): M-W: 9am-1pm (Sign up by 9:30am) • Free haircuts: Wed: 9:30am-12:30pm (Sign up 8-9:15am) • 2/3 to Central Park N/110th St, 6 to 110th St
- **Bowery Mission** • 227 Bowery St (btw Prince & Rivington) • (212) 674-3456 • Showers Tu, Fri: 9am • 6 to Spring St, J to Bowery • Men Only

CLOTHING

MANHATTAN

- **St. Bartholomew's Church** • 108 E 51st St • (212) 378-0231 • Sat: 9:30-11am • 6 to 51st St • No referral needed
- **Bowery Mission** • 227 Bowery St (btw Prince & Rivington) • (212) 674-3456 • Mon (referral needed, interview clothing only): 10am • Tu, F (no referral needed, casualwear): 9:30am • 6 to Spring St, J to Bowery • Men Only
- **Mary's House** • 55 E 3rd St (btw 1st & 2nd) • (212) 777-9617 • Tu-F: 12-2pm • F to 2nd Ave, 6 to Bleeker St • No referral needed • Call beforehand
- **New York City Rescue Mission** • 90 Lafayette St • (212) 226-6214 x101 • Tu: 11am-2pm (referral needed), Th: 11am-2pm (no referral) • 6 to Canal St • Men & Women
- **St. Luke's Lutheran Church** • 308 W 46th St (btw 8th & 9th Ave) • (212) 246-3540 • 1st Mon of each month: Oct-Dec; Feb-June, 11:30am-1pm • A/C/E to 42nd St, R to 49th St • Referral required

THE BRONX

- **Our Lady of Refuge Thrift Shop** • 2845 Briggs Ave • Fri-Sat: 11am-3pm • B/D to Kingsbridge Rd • Clothes sold at nominal prices
- **POTS - Part of the Solution** • 2759 Webster Ave • (718) 220-4892 • M, W, F: 11am-2pm • B/D to Kingsbridge Rd, 4 to Bedford

BROOKLYN

- **St. John the Baptist Church** • 333 Hart St • (718) 455-6864 • M, W, Th: 10am-12pm • J/M to Myrtle & Broadway • Photo ID & referral needed • Call beforehand

RESOURCE GUIDE

LEGAL SERVICES

- **POTS - Part of the Solution Legal Clinic** • 2759 Webster Ave, Bronx • (718) 220-4892 • Intake: M, Th: 9-11:30am
- B/D to Kingsbridge Rd, 4 to Bedford • Assistance with public benefits, eviction prevention, immigration (Tu-F by appt)

DROP-IN CENTERS

MANHATTAN

- **New York City Rescue Mission** • 90 Lafayette St • (212) 226-6214 • Open daily • Women admitted 3-5pm
- Men admitted 4-5:30pm • 6 to Canal St
- **Main Chance** • 120 E 32nd St • (212) 883-0680 • Open 24 hours • 6 to 33rd St • Men & Women
- **Antonio Olivieri Center** • 257 West 30th St • 212-947-3211 • A/C/E/1/2/3 to 34th St • Men & Women

THE BRONX

- **Living Room** • 800 Barretto St • (718) 893-3606 • Open 24 hours • 6 to Hunts Point, BX6 to Lafayette • Men & Women, 25 & older

BROOKLYN

- **The Gathering Place** • 2402 Atlantic Ave • (718) 385-8726 • Open 24 hours • A to Broadway Junction, L to Atlantic Ave
- Men & Women

SHELTER FOR SINGLE ADULTS

MEN

- **30th Street Men's Shelter** • 400-430 E 30th St • (212) 481-0771 • Intake open 24 hours • 6 to 28th St
- Men Only

WOMEN

- **Brooklyn Women's Shelter (BWS)** • 116 Williams Ave • (718) 483-7700 • Intake open 24 hours • C to Liberty Ave • Women Only
- **Franklin Women's Shelter** • 1122 Franklin Ave • (718) 842-9865 • Intake open 24 hours • 2/5 to 149th St & 3rd Ave, transfer to Bx55/Bx15 to 167th St
- Women Only

SHELTER FOR ADULT FAMILIES

- **Adult Family Intake Center (AFIC)** • 400-430 E 30th St (at 29th St & 1st Ave) • (212) 481-4704 • Open 24 hours • 6 to 28th St • Application office for adult families WITHOUT minor children

SHELTER FOR FAMILIES WITH CHILDREN

- **PATH** • 151 E 151st (Bronx) • (917) 521-3900 • Open 24 hours • 2/4 to 149th St/Grand Concourse • Must be a family with children under 21 years old or a pregnant family

RESOURCE GUIDE

YOUTH SHELTERS AND SERVICES

- **Streetwork Harlem Drop-In Center** • 209 W 125th • (212) 695-2220 • M, Tu, Th & F: 12pm-5pm; Wed, Sat & Sun: Emergencies only • 2/3/A/B/C/D to 125th St • Up to age 24
- **Safe Horizon - Lower East Side Drop-In Center** • 33 Essex St • (646) 602-6404 • Intake: Tu, Th, F: 10am-12pm • Drop In: Tu, Th, F: 1-5 pm • J/M/Z to Essex St, F to E Broadway • Up to age 24
- **Ali Forney Drop-In Center** • 321 W 125th St • (212) 206-0574 • Open 24 hours • Intake: M, Tu, Th, F: 8am or 2pm; Wed: 5pm; Sat & Sun: 1pm • A/C/B/D to 125th St • LGBTQIA+ youth ages 16-24
- **Covenant House NY Street Outreach** (917) 509-9303
- **Streetwork Hotline** (800) 708-6600
- **Runaway Hotline** (800) 786-2929
- **Teen Crisis Hotline** (800) 999-9999
- **Teen Pregnancy Hotline** (866) 942-6466

EMERGENCY NUMBERS

- **AIDS Hotline** (800) 541-2437
- **Alcoholics Anonymous** (212) 647-1680
- **Bias Hotline** (877) 363-2427
- **BRC Homeless Helpline** (212) 533-5151
- **Child Abuse Hotline** (800) 342-3720
- **Coalition for the Homeless** (212) 776-2000
- **Crime Victim Hotline** (212) 577-7777
- **Disaster Distress Helpline** (800) 985-5990
- **Domestic Violence Hotline** (800) 621-4673
- **Drug and Alcohol Hotline** (800) 622-2255
- **Elderly Crime Victim's Resource Center** (212) 442-3103
- **Employment Information** (888) 469-7365
- **Food and Hunger Hotline** (866) 888-8777
- **Food Stamps - English & Spanish** (718) 557-1399
- **GMHC** (800) 243-7692
- **Housing Court Answers** (212) 962-4795
- **Immigration Hotline** (212) 419-3737
- **Legal Aid Society** (212) 577-3300
- **Narcotics Anonymous** (212) 929-6262
- **NYC WELL Helpline** (888) 692-9355
- **Poison Control Center** (212) 340-4494 or (800) 222-1222
- **Police Sex Crime Unit** (212) 267-7273
- **Project Renewal Mobile Medical Van** (646) 737-3753
- **Rape Crisis Hotline** (212) 227-3000
- **Senior Hotline** (800) 342-9871
- **Social Security Administration** (800) 772-1213
- **Suicide Hotline** (800) 273-8255
- **Traveler's Aid** (866) 201-7399
- **Veterans Crisis Line** (800) 273-8255 x1