

As community spread of COVID-19 occurs in New York City it is likely that you have been exposed to the virus.

Your health and safety is a priority. Below are some facts about the virus to help keep you informed



Know How it Spreads

- There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19).
- The virus is thought to spread mainly from person-to-person.
 - Between people who are in close contact with one another (within about 6 feet).
 - Through respiratory droplets produced when an infected person coughs or sneezes.
- These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

Take Steps to Protect Yourself

Clean your hands often

- **Wash your hands** often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, **use a hand sanitizer that contains at least 60% alcohol**. Cover all surfaces of your hands and rub them together until they feel dry.
- **Avoid touching your eyes, nose, and mouth** with unwashed hands.

Take Steps to Protect Others

Tell shelter staff if you feel sick or have been tested for COVID-19

- **Tell shelter staff** if you feel sick, so they can protect you and your fellow residents by getting you to the appropriate care and clean the shelter.

Clean and disinfect

- **Clean AND disinfect frequently touched surfaces daily**. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.
- **If surfaces are dirty, clean them:** Use detergent or soap and water prior to disinfection.