

# Isolation Discharge Criteria

Purpose: This document provides the guidance for determining clients appropriate for discharge from isolation.

## General guidance:

Clients should be discharged from isolation through coordination with DHS SIU.

Clients should be treated with respect and be actively informed about the measures being put in place and why, and the importance of their role in this effort.

## **Tracking**

Isolation sites should be tracking the following information per client

- Date of onset of symptoms (proxy can be date of COVID-19 testing or date arrived at isolation)
- Date of last fever (without medication)
- If the client is 'feeling better' (reduction in symptoms)

#### Isolation Discharge Guidance

Clients can be discharged back to shelter if it has been 14 days past the onset of symptoms AND 3 days without fever (without medication) AND client affirmatively says they are feeling better.

#### Examples:

- Client A
  - o Entered isolation on 1/1/20
  - Last date of fever was 1/4/20
  - Client reports they are feeling better on 1/6/20
  - Client could be discharged on 1/15/20
- Client B
  - Symptoms started on 1/1/20
  - Entered isolation on 1/2/20
  - Last date of fever was 1/13/20
  - Client reports they are feeling better on 1/14/20
  - Client could be discharged on 1/16/20

DHS will be issuing additional guidance on isolation, tracking and discharge process in a few days.