Overview of New Guidance on Isolation from DOHMH
05/20/20

A. Isolation Criteria for Asymptomatic Clients who Tested Positive for COVID-19 by PCR
   - The following criteria should be used as the minimum duration of time for maintaining isolation:
     o Asymptomatic clients who test positive for COVID-19 should be isolated for at least 14 days from the date of specimen collection.
     o Isolation can be discontinued for asymptomatic clients after 14 days, unless they develop symptoms consistent with COVID-19.
     o If an asymptomatic client develops COVID-19 symptoms during isolation, please follow the symptom-based guidance provided in the next section to determine when isolation should be discontinued.

B. Isolation Criteria for Symptomatic Clients with Confirmed or Possible COVID-19
   - The following criteria should be used as the minimum duration of time for maintaining isolation:
     o At least 14 days after symptom-onset; AND
     o Absence of fever for at least 3 days without fever-reducing medications (if the client ever had a fever); AND
     o Overall illness has improved.

C. Isolation Criteria for Clients Who Have a Subsequent Positive COVID-19 PCR Test Following an Appropriate Period of Isolation
   - Clients who had a positive COVID-19 PCR test and who completed an appropriate period of isolation (as described above), but who are re-tested and have a subsequent positive COVID-19 PCR test, do not need an additional period of isolation.
   - This does not apply to people who were not tested or had negative COVID-19 test initially; in this case the positive PCR is considered a first positive.

D. Isolation Criteria for Clients Who Were Previously Negative or Were Not Tested (COVID like illness) and Now Have a Positive COVID-19 PCR Test
   - Clients who were previously negative or were not tested and reported COVID-like illness (symptomatic) and underwent an appropriate period of isolation (as in B. above) must isolate again following a new positive COVID-19 PCR test.
   - The following criteria should be used as the minimum duration of time for maintaining isolation:
     o At least 14 days after date of specimen collection of the positive test.