GRAND CENTRAL FOOD PROGRAM
The Grand Central Food Program distributes meals and other items 7 days a week at the following times and places:
• 5:30-7:00pm St. Bartholomew's Church • 108 E 51st St

SOUP KITCHENS
• Project Hospitality • 514 Bay Street • Tu & R: 11:30am-1pm• No referral needed
• Salvation Army - Stapleton Citadel • 15 Broad Street • Mon & Fri: 11am-12:30pm
• Stapleton UAME Church • 49 Tompkins Avenue • Mon 3-4pm, & Wed: 12:00-1pm

FREE MEALS & MENSTRUAL PRODUCTS AT PUBLIC SCHOOLS: MON– FRI 11:30am – 1:00pm

• Curtis High School: 105 Hamilton Ave, 10301
• I.S. 024 Myra S. Barnes: 750 Durant Ave, 10308
• I.S. 072 Rocco Laurie: 33 Ferndale Ave, 10314
• I.S. R002 George L. Egbert: 333 Midland Ave, 10306
• New Dorp H.S.: 465 New Dorp Lane 10306
• P.S. 004 Maurice Wollin: 200 Nedra Lane 10312
• P.S. 016 John J. Driscoll: 195 Daniel Low Terr, 10301
• P.S. 018 John G. Whittier: 221 Broadway, 10310
• P.S. 020 Port Richmond: 161 Park Ave, 10302
• P.S. 022 Graniteville Extension: 1860 Forest Ave, 10303
• P.S. 026 The Carteret School: 4108 Victory Blvd, 10314
• P.S. 054 Charles W. Leng: 1060 Willowbrook Road 10314
• P.S. 055 Henry M. Boehm: 54 Osborne St, 10312
• P.S. 057 Hubert H. Humphrey: 140 Palma Dr, 10304
• P.S. 060 Alice Austen: 55 Merrill Ave, 10314
• P.S. 11 Thomas Dongan School: 51 Jefferson St, 10304
• P.S. 39 Francis J. Murphy Jr.: 99 Macfarland Ave, 10305
• Port Richmond H.S.: 85 St Joseph’s Ave, 10302
• P.S. 78: 100 Tompkins Ave, 10304
• The Michael J. Petrides School: 715 Ocean Terr, 10301

For a full list, call 311 or visit: https://www.schools.nyc.gov/freemeals

FOOD PANTRIES
• Project Hospitality • 514 Bay Street • Tuesdays 9-11am and 1-3pm & Thursdays 9-11am• No referral needed
• Stapleton UAME Church • 49 Tompkins Avenue • Tues & Fri 10am-2pm
• Christian Pentecostal Church • 900-910 Richmond Road • Tues & Wed: 5-7pm
• Our Lady of Good Counsel Church • 42 Austin Place • Sat: 9am-11am
• Staten Island SDA Church • 80 Union Avenue • Sun: 9am-2pm every other Sunday
**LEGAL SERVICES**

- **POTS - Part of the Solution Legal Clinic**: 2759 Webster Ave, Bronx • Clients seeking assistance may contact the legal clinic directly to schedule a phone meeting at (718) 220-4892 ext: x111 or x117
- **Legal Aid’s Access to Benefits (A2B) Helpline**: 888-663-6880 • Mon-Fri • 10:00 a.m. to 3:00 p.m.

**DROP-IN CENTERS**

**ADULTS**
- **Project Hospitality** • 150 Richmond Terr • S40 or S42 to Richmond Ter/ Stuyvesant Pl

**SHELTERS**

**SINGLE ADULT MEN**
- **30th Street Men’s Shelter** • 400-430 E 30th St • (212) 481-0771 • Intake open 24 hours • 6 to 28th St • Men Only

**SINGLE ADULT WOMEN**
- **Brooklyn Women's Shelter (BWS)** • 116 Williams Ave • (718) 483-7700 • Intake open 24 hours • C to Liberty Ave

**ADULT COUPLES / FAMILIES WITHOUT MINOR CHILDREN**
- **Adult Family Intake Center (AFIC)** • 400-430 E 30th St (at 29th St & 1st Ave) • (212) 481-4704 • Open 24 hours • 6 to 28th St • Application office for adult couples WITHOUT minor children

**FAMILIES WITH CHILDREN**
- **PATH** • 151 E 151st (Bronx) • (917) 521-3900 • Open 24 hours • 2/4 to 149th St/Grand Concourse • Must be a family with children under 21 years old or a pregnant family

**HEALTH CENTERS**

- **Broadway Presbyterian**: 601 West 114th St. • 718-943-1341 • Open Mon & Wed • Call for hours • Walk-Ins accepted
- **All Angels**: 251 West 80th St., • 718-943-1341 • Open Tues & Thurs • Call for hours • Walk-Ins accepted
- **Third Street Primary Care**: 8 E 3rd St. • 212-533-8400 Ext: 165/122 • Open Mon-Fri: 8-5pm • Walk-Ins accepted
- **New Providence Primary Care**: 222 E 45th St. • 212-661-8934 Ext: 264 • Open Mon-Fri: 8-4pm • Not accepting Walk-Ins
- **Fort Washington Primary Care**: 651 W 168th St. • 212-740-1780 Ext: 234 • Open Mon-Fri: 8-5pm • Walk-Ins accepted
- **Callen-Lorde**: 356 W 18th St.: 212-271-7200 • Open Mon-Fri 9-5pm • Not accepting Walk-Ins
- **Housing Works-Cylar Cmmtty**: 743-749 E 9th St. • 718-277-0386 • Call for hours • Walk-Ins accepted

**EMERGENCY NUMBERS**

- **NYC Well (888) NYC-WELL**
- **Suicide Hotline (800) 273-8255**
- **SAMHSA’s Disaster Distress Helpline (800) 985-5990**
- **Alcoholics Anonymous (212) 647-1680**
- **Safe Horizon Crime Victim Hotline (212) 577-7777**
- **Domestic Violence Hotline (800) 621-4673**

**PUBLIC TOILETS/SHOWERS**

**TOILETS**
- Near 53 Van Duzer Street
- Staten Island Ferry Terminal

Hand sanitizer is available at these locations.

**SHOWERS**
- **All Angels Church**: 80th/Broadway • Tues & Thurs • 8am-2pm • First come first served
- **227 Bowery**: Tues and Wed
- **Salvation Army Harlem Temple**: 62 W. 138th St. • Mon, Weds, Sat 1-5pm

**POTS - Part of the Solution Legal Clinic**: 2759 Webster Ave, Bronx • Clients seeking assistance may contact the legal clinic directly to schedule a phone meeting at (718) 220-4892 ext: x111 or x117

**Legal Aid’s Access to Benefits (A2B) Helpline**: 888-663-6880 • Mon-Fri • 10:00 a.m. to 3:00 p.m.
COVID-19 GUIDANCE

• If you are experiencing a cough, shortness of breath, and fever-like symptoms, you should call your healthcare provider or dial 311 to reach an outreach team. Let them know you’re experiencing symptoms of Coronavirus.

• Please practice social distancing guidelines and keep 6 feet away from others whenever possible.

• Always wear a face mask covering mouth and nose when in public.

• Wash your hands for at least 30 seconds whenever possible, and avoid touching your eyes, nose, and mouth.

• If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol

COVID-19 Testing Centers

• CityMD- E. 86th St: 336 E. 86th St • Manhattan • 212-933-1364 • Mon – Fri, 7am-10:45pm, Sat-Sun, 9am-9pm

• CityMD- East 96th Street: 1500 Lexington Ave. • 212-710-1065 • Mon – Fri, 8am-8pm, Sat - Sun 9am-5pm

• CityMD- Fulton St: 138 Fulton St. • 212-271-4896 • Mon - Fri, 8am-8pm, Sat - Sun 9am-5pm

• CityMD- Lower East Side: 138 Delancey St • 212-609-2541 • Mon - Fri, 8am-8pm, Sat - Sun 9am-5pm

• CityMD- West 125th St: 80 West 125th St. •212-913-0820 • Mon - Fri, 8am-8pm, Sat - Sun 9am-5pm

• NYC Health + Hospitals/Bellevue: 462 First Ave. • 212-562-5555 • Mon – Sat, 7:30am-3:30pm (Hospital)

• NYC Health + Hospitals/Gotham Health Dyckman-Clinica de Las Americas: 175 Nagle Ave. • 212-544-2001 • Mon – Fri, 9am-3:30pm (Community Health Center)

• East 111th St: 141 East 111th St • 844-692-4695 • Mon- Sun, 9am-7pm (Community Based Setting)

• NYC Health + Hospitals/Gotham Health, Gouverneur: 227 Madison St • 212-238-7897 • Mon – Fri, 9am-4pm; Sabado, 9am-2pm (Hospital)

• Housing WorksNYC Health + Hospitals/Harlem: 506 Lenox Ave, • 212-939-1000 • Mon – Fri, 8:30am-4 pm (Hospital)

• Highbridge Pool: 2301 Amsterdam Ave • Mon – Sun, 9am-7pm (Community Based Setting)

• NYC Health + Hospitals/Metropolitan: 1901 First Ave • 212-423-6262 • Mon – Sat, 9am-3:30pm (Hospital)

• NYC Health + Hospitals/Gotham Health, Sydenham: 264 West 118th St. • 212-932-6500 • Mon – Fri, 9am- 3:30pm • (Hospital)

• Saint Nicholas Houses: 281 West 127th St. • Mon – Fri, 9am-3:30pm (Community-Based Setting)