

CRISIS INTERVENTION HOTLINE

If you have a question about accessing shelter or other services, including if you have been denied access to shelter, please call **212-776-2177**, the **Crisis Intervention emergency hotline**, and leave a detailed message, including your phone number. We will do our best to respond to you as soon as possible.

GRAND CENTRAL FOOD PROGRAM

The **Grand Central Food Program** distributes meals and other items **7 days a week** at the following times and places:

- **St. Bartholomew's Church** • 5:30-6:30pm • 108 E 51st St (between Park and Lexington Ave)

SCHEDULE OF DOWNTOWN FOOD VAN

- **7:15pm** 35th St under FDR Dr
- **7:30pm** Lower East Side Harm Reduction (25 Allen St)
- **7:45pm** Housing Court/Chinatown (Lafayette /Leonard)
- **8:00pm** Staten Island Ferry
- **8:20pm** Sunshine Hotel/Bowery Mission (Bowery, btw Stanton & Rivington)
- **8:30pm** Union Square
- **8:45pm** Madison Square Park (5th Ave & 27th St)
- **9:15pm** Penn Station (NE Corner of 34th St & 8th Ave)

SCHEDULE OF UPTOWN FOOD VAN

- **7:15pm** SW Corner of 51st St & Broadway
- **7:35pm** Port Authority (40th St)
- **7:55pm** 79th St Boat Basin (79th St & West Side Hwy)
- **8:15pm** 86th St & West End Ave
- **8:30pm** St. John the Divine (112th & Amsterdam Ave)
- **8:45pm** Harlem Hospital (137th St & Lenox Ave)
- **9:00pm** Lexington Ave & 124th St
- **9:15pm** Central Park (5th Ave & 72nd St)
- **9:30pm** SONY Building (55th St, Madison / 5th Ave)

SOUP KITCHENS

- **St. Bartholomew's Church:** 108 E 51st St • Sun, M, W: 7-8:30am; M-Sun: 5:30-6:30pm; Sat: 9:30-11am • 6 to 51st St
- **Grand Central Neighborhood:** 120 E 32nd St • Daily: 7-8am; 12-1:15 pm; 4-5:30 pm • 6 to 33rd St
- **The Bowery Mission:** 227 Bowery • Daily: 8am; 1pm • 6 to Spring St
- **Holy Apostles Soup Kitchen:** 296 9th Ave • Meals and social services, M-F: 10:30am-12:30pm • C/E to 23rd St
- **New York Common Pantry:** 8 E 109th St • M-F: 2:30-3:30pm; Sat-Sun: 4-5pm • 2/3 to Central Park North/110th St, 6 to 110th St
- **Salvation Army Harlem Temple:** 540 Lenox Ave • Daily: 11am-12:30pm • 2/3 to 135th St
- **Broadway Community:** 601 W 114th St • M, W, F: 12:30pm-1 • 1 to 116th St
- **Church of the Village/UMC:** 201 W 13th St • Sat: 11am-2pm • A/C/E/F/M/L to 14th St
- **St. Joseph's House:** 36 East 1st St • Sun-Fri: 9:30am • 212-862-3900 • J to Bowery, F to 2nd Ave
- **Community Kitchen of West Harlem:** 252 W 116th St • Mon-Sat: 11am-2pm • A/C/B to 116th St
- **St. Francis Breadline:** 144 W 32nd St • Mon-Sun: 7am (arrive at 6:30am) • B/D/F/M/N/Q/R/W to Harald Square

FREE MEALS & MENSTRUAL PRODUCTS AT PUBLIC SCHOOLS: MON– FRI 3:00am – 5:00pm

- Manhattan Acad. for Arts & Language: 111 E 33rd St
- Urban Academy Laboratory High School: 317 E 67th St
- P.S. 130 Hernando De Soto: 143 Baxter St
- P.S. 163 Alfred E. Smith: 163 W 97th St
- M.S. 243 Center School: 100 W 84th St
- Beacon High School: 521 W 43rd St
- High School for Health Professions and Human Services: 345 E 15th St
- The Peck Slip School: 1 Peck Slip
- New York City Lab Middle School for Collaborative: 333 W 17 St
- P.S. 217 Roosevelt Island: 645 Main St
- Murry Bergtraum High School for Business Careers: 411 Pearl St

For a full list, call 311 or visit: <https://www.schools.nyc.gov/freemeals>

FOOD PANTRIES

- **New York Common Pantry:** 8 E 109th St • Wed-Sat 10am-2pm • 2/3 to Central Park North/110th St, 6 to 110th St • Senior only (60+) Mon: 10am-2pm • Proof of address required
- **West Side Campaign Against Hunger:** 263 W 86th St • Tu-Fri: 9-1pm • 1 train to 86th St • ID required
- **Church of the Village/UMC:** 201 West 13th Street • Tues: 3:30-5:30pm • A/C/E/F/M/L to 14th St
- **SA - Harlem Temple Corps Community Center:** 540 Lenox Ave • M-F 9:30am • Appointment required • (212) 862-3900
- **Community Impact Pantry:** 616 W 114th St • Mon & Wed: 11am-2pm • 1 to 116th St

PUBLIC TOILETS/SHOWERS

TOILETS

• **St. Bart's Portable Toilets:** Corner of 51st St and Park Ave • Mon-Sun: 2-7pm

Other Services:

- **227 Bowery Clothing:** Tues & Wed: 8am
- **All Angels Clothing:** 251 West 80th St • Tues & Thurs: 8am-12pm

SHOWERS

- **All Angels Church:** 80th/Broadway • Tues & Thurs • 8am-2pm • First come, first served
- **Bowery Mission:** 227 Bowery • Registration 7:30am • Tues & Wed (men only) 9:30-10:30am, Fri (Women only) 9:30-10:30am

LEGAL SERVICES

- **POTS - Part of the Solution Legal Clinic:** 2759 Webster Ave, Bronx • Clients seeking assistance may contact the legal clinic directly to schedule a phone meeting at (718) 220-4892 ext: x111 or x117
- **Legal Aid's Access to Benefits (A2B) Helpline:** 888-663-6880 • M-F: 10:00am-3:00pm

DROP-IN CENTERS

ADULTS

- **New York City Rescue Mission:** 90 Lafayette St • Open daily • Women admitted 3-4:45pm • Men admitted 4pm-5pm • 6 to Canal St
- **Main Chance:** 120 E 32nd St • Open 24 hours • Men & Women • 6 to 33rd St
- **St. Lukes Art & Acceptance- LGBTQ+:** 487 Hudson St • 212-924-0562 • Sat 5pm-7pm, M-F: 9am-5pm (brown bag)

YOUTH

- **Safe Horizon aka Streetwork Harlem Drop-In Center:** 209 W 125th • (212) 695-2220 • Mon-Tues & Thurs-Sun: 12-5pm; 10:30am-3:30pm: 18-24 intakes limited to 3 per day; Intakes under 18 at any time • 2/3/A/B/C/D to 125th St
- **Safe Horizon - Lower East Side Drop-In Center:** 33 Essex St • (646) 602-6404 • Intake: M, Tu, Th, F: 12-5pm • 10:30am-4pm: Intakes for 18-24 limited to 2 per day; Intakes under 18 at any time • J/M/Z to Essex St, F to E Broadway
- **Ali Forney Center-LGBTQ:** 321 W 125th St • (212) 208-0574 • Intake: Mon-Fri 10am-6pm • Overnight Hours: Mon-Fri 8pm-8am • Youth must sign-up with case manager or on Monday at 2pm for 1 week reservation • 2/3/A/B/C/D to 125th St
- **The Door:** 555 Broome St • rchristian@door.org • Mon-Thurs: 11am-3pm • C/E to Spring St
- **New Alternatives- LGBTQ:** 410 W 40th St • Kate Barnhart: kate@newalternativesnyc.org • M-Sat: 3pm-7pm; Takeout meals • Sun 5:30-7pm for meals and Hygiene supplies

SHELTERS

SINGLE ADULT MEN

- **30th Street Men's Shelter:** 400-430 E 30th St • (212) 481-0771 • Intake open 24 hours • 6 to 28th St • Men Only

SINGLE ADULT WOMEN

- **Brooklyn Women's Shelter (BWS):** 116 Williams Ave • (718) 483-7700 • Intake open 24 hours • C to Liberty Ave

ADULT COUPLES / FAMILIES WITHOUT MINOR CHILDREN

- **Adult Family Intake Center (AFIC):** 400-430 E 30th St (at 29th St & 1st Ave) • (212) 481-4704 • Open 24 hours • 6 to 28th St • Application office for adult couples WITHOUT minor children

FAMILIES WITH CHILDREN

- **PATH:** 151 E 151st (Bronx) • (917) 521-3900 • Open 24 hours • 2/4 to 149th St/Grand Concourse • Must be a family with children under 21 years old or a pregnant family

HEALTH CENTERS

- **Broadway Presbyterian:** 601 West 114th St • 718-943-1341 • Mon & Wed: 12:30-5pm • Walk-Ins accepted
- **All Angels:** 251 West 80th St • 718-943-1341 • Open Tues & Thurs • 9am-1pm • Walk-Ins accepted
- **Third Street Primary Care:** 8 E 3rd St • 212-533-8400 Ext: 165/122 • Open M-F: 8-4pm • Walk-Ins accepted
- **New Providence Primary Care:** 222 E 45th St • 212-661-8934 Ext: 264 • Open M-F: 8-4pm • **Not** accepting Walk-Ins
- **Fort Washington Primary Care:** 651 W 168th St • 212-740-1780 Ext: 234 • Open M-F: 9-5pm • Walk-Ins accepted
- **Callen-Lorde** • 356 W 18th St • 212-271-7200 • Open M-F: 9-3pm • **Not** accepting Walk-Ins
- **Housing Works-Cylar Cmnty:** 743-749 E 9th St. • 718-277-0386 • M-F: 9am-5pm • Walk-Ins accepted

EMERGENCY NUMBERS

- **NYC Well (888) NYC-WELL**
- **Suicide Hotline (800) 273-8255**
- **SAMHSA's Disaster Distress Helpline (800) 985-5990**
- **Alcoholics Anonymous (212) 647-1680**
- **Safe Horizon Crime Victim Hotline (212) 577-7777**
- **Domestic Violence Hotline (800) 621-4673**

COVID-19 GUIDANCE

- **If you are experiencing a cough, shortness of breath, and fever-like symptoms, you should call your healthcare provider or dial 311 to reach an outreach team. Let them know you're experiencing symptoms of Coronavirus.**
- Please practice social distancing guidelines and keep 6 feet away from others whenever possible.
- Always wear a face mask covering mouth and nose when in public.
- Wash your hands for at least 30 seconds whenever possible, and avoid touching your eyes, nose, and mouth.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol

COVID-19 Testing Centers

- **CityMD- E. 86th St:** 336 E 86th St • 212-933-1364 • Mon – Fri, 7am-10:45pm, Sat-Sun, 9am-9pm
- **CityMD- East 96th Street:** 1500 Lexington Ave • 212-710-1065 • Mon – Fri, 8am-8pm, Sat - Sun 9am-5pm
- **CityMD- Fulton St:** 138 Fulton St • 212-271-4896 • Mon - Fri, 8am-8pm, Sat - Sun 9am-5pm
- **CityMD- Lower East Side:** 138 Delancey St • 212-609-2541 • Mon - Fri, 8am-8pm, Sat - Sun 9am-5pm
- **CityMD- West 125th St:** 80 West 125th St • 212-913-0820 • Mon - Fri, 8am-8pm, Sat - Sun 9am-5pm
- **NYC Health + Hospitals/Bellevue:** 462 First Ave • 212-562-5555 • Mon – Sat, 7:30am-3:30pm (Hospital)
- **NYC Health + Hospitals/Gotham Health Dyckman-Clinica de Las Americas:** 175 Nagle Ave • 212-544-2001 • Mon – Fri, 9am-3:30pm (Community Health Center)
- **NYC Health + Hospitals/Gotham Health, Gouverneur:** 227 Madison St • 212-238-7897 • Mon – Fri, 9am-4pm; Sabado, 9am-2pm (Hospital)
- **Housing WorksNYC Health + Hospitals/Harlem:** 506 Lenox Ave, • 212-939-1000 • Mon – Fri, 8:30am-4 pm (Hospital)
- **Highbridge Pool:** 2301 Amsterdam Ave • Mon – Sun, 9am-7pm (Community Based Setting)
- **NYC Health + Hospitals/Metropolitan:** 1901 First Ave • 212-423-6262 • Mon – Sat, 9am-3:30pm (Hospital)
- **NYC Health + Hospitals/Gotham Health, Sydenham:** 264 West 118th St. • 212-932-6500 • Mon – Fri, 9am- 3:30pm • (Hospital)
- **Saint Nicholas Houses:** 281 West 127th St. • Mon – Fri, 9 am-3:30pm (Community-Based Setting)