

CRISIS INTERVENTION HOTLINE

If you have a question about accessing shelter or other services, including if you have been denied access to shelter, please call **1-888-358-2384**, the **Crisis Intervention emergency hotline**, and leave a detailed message, including your phone number. We will do our best to respond to you as soon as possible. More info: www.coalitionforthehomeless.org.

GRAND CENTRAL FOOD PROGRAM

The Grand Central Food Program distributes meals and other items 7 days a week:

- **St. Bartholomew's Church** • 5:30-7pm • 108 E 51st St (between Park and Lexington Ave)

SOUP KITCHENS

- **Masbia of Queens** • 105-47 64th Road • Monday-Thursday: 3-8pm • E/M/R to 67 Avenue (closed Jewish holidays)
- **Salvation Army-Jamaica Citadel** • 90-23 161st St • Mon-Wed: 12-1pm • E/J/Z to Jamaica Center- Parsons/Archer
- **Corona SDA Church** • 35-30 103rd St • Sun: 12-2:30pm • 7 to 103 St/Corona Plaza
- **First Presbyterian Church of Jamaica** • 89-60 164th St • Wed: 5:30-6:30pm • E/F to Parsons Blvd

FREE MEALS & MENSTRUAL PRODUCTS AT PUBLIC SCHOOLS: MON– FRI 3:00pm – 5:00pm

- Martin Van Buren H.S.: 230-17 Hillside Ave, 11427
- P.S. 062 Chester Park: 97-25 108 St, 11419
- P.S. 104 The Bays Water: 26-01 Mott Ave, 11691
- P.S. 107 Thomas A Dooley: 167-02 45 Ave, 11358
- P.S. 129 Patricia Larkin: 58-01 136 St, 11355
- Benjamin N. Cardozo H.S.: 57-00 223 St, 11364
- P.S. Q811: 74-20 Commonwealth Blvd, 11426
- Goldie Maple Academy: 3-65 Beach 56 St, 11692
- P.S. 062 Chester Park: 97-25 108 St, 11419
- P.S. 097 Forest Park: 85-52 85 St, 11421
- Bayside H.S.: 32-24 Corporal Kennedy St, 11361
- I.S. 061 Leonardo Da Vinci: 98-50 50 Ave, 11368
- P.S. 024 Andrew Jackson: 141-11 Holly Ave, 11355
- P.S. 149 Christa McAuliffe: 93-11 34 Ave, 11372
- P.S. 150 Queens: 40-01 43 Ave, 11104
- J.H.S. 189 Daniel Carter Beard, 144-80 Barclay Ave, 11355
- P.S. 166 Henry Gradstein: 33-09 35 Ave, 11106
- I.S. 192 The Linden: 109-89 204 St, 11412
- P.S. 183 Dr. Richard R. Green: 2-45 Beach 79 St, 11693
- Academy for New Americans: 30-15 29 St, 11102
- P.S. 254- The Rosa Parks School: 84-40 101 St, 11418
- P.P.S. 019 Marino Jeantet: 98-02 Roosevelt Ave, 11368
- P.S. 120 Queens: 58-01 136 St
- P.S. 223 Lyndon B. Johnson: 125-20 Sutphin Boulevard
- P.S. 144 Col Jeromus Remsen: 93-02 69 Ave, 11375
- ALC August Martin H.S.: 156-10 Baisley Blvd, 11434

For a full list, call 311 or visit: <https://www.schools.nyc.gov/freemeals>

FOOD PANTRIES

- **Calvary Mission Food Pantry** • 102-16 89th Ave • Sat: 8-11am • J to 104 St/Jamaica Ave
- **Corona SDA Church** • 35-30 103rd St • Mon: 9am-12pm • 7 to 103 St-Corona Plaza
- **Evangel Food Pantry** • 39-21 Crescent St • Tues-Fri: 9am-3pm, Sat: 9am-12pm • 7/N to Queensboro Plaza • Mask required
- **Masbia of Queens** • 105-47 64th Road • By appt only: text "FOOD" to 726879 • E/M/R to 67 Avenue
- **Mosaic Covenant Church** • 46-01 43rd Avenue • Mon & Thurs: 11am • 7 to 46th St/Bliss St
- **Muslim Center NY** • 140-32 Cherry Ave • Wed: 12pm-2pm • 7 to Flushing/Main St • Masks and ID required
- **Northeastern Conference Adventist Community Svcs** • 99-13 Northern Boulevard • General: Tues 11:30am-1pm; Seniors 64+: Wed 4pm • 7 to 103 St-Corona Plaza
- **Salvation Army-Jamaica Citadel** • 90-23 161st St • Tues & Thurs: 10am-12pm • E/J/Z to Jamaica Center- Parsons/Archer
- **St. Raphael RC Church Food Pantry** • 35-20 Greenpoint Ave • Thurs: 10:30am-12pm, Sat: 1:30-3pm • 7 to 33 St/Rawson • ID and mask required

PUBLIC TOILETS/SHOWERS

TOILETS

- **St. Bart's Church:** Entrance on 51st St between Park and Lexington • Mon-Sun: 1:30-6:30pm

CLOTHING:

- **Bowery Mission:** 227 Bowery • Mon.- Fri.: 10am-12pm
- **All Angels Clothing:** 251 West 80th St • Tues & Thurs: 8am-12pm
- **St. Luke's Community Closet:** 485 Hudson St. • Sat. 3-4pm

SHOWERS

- **All Angels Church:** 80th/Broadway • Tues & Thurs • 8am-2pm • First come, first served
- **Bowery Mission:** 227 Bowery • Line Up 6:30am • Tickets 7am • Mon-Wed. & Fri. (Men) 10am-12pm, Thurs (Women) 10am-12pm
- **Next Step Community Church** • 360 Schermerhorn St, Brooklyn • Tues: 10am-12pm (Men and Women) • Clothes/toiletries available
- **POTS** • 2759 Webster Ave, Bronx • Mon-Fri.: 8am-11am • Toiletries and socks also available
- **NY Common Pantry** • 8 East 109th St • Showers and laundry Mon, Weds, Thurs, Fri 9:30am-1pm, sign up by 10:30am; haircuts Thurs, sign up by 10am

LEGAL SERVICES

- **POTS - Part of the Solution Legal Clinic:** 2759 Webster Ave, Bronx • Clients seeking assistance may contact the legal clinic directly to schedule a phone meeting at 718-220-4892, ext. 101 and leave a message or email legalclinic@potsbronx.org
- **Legal Aid's Access to Benefits (A2B) Helpline:** 888-663-6880 • M-F: 10:00am-3:00pm

DROP-IN CENTERS

GENERAL

- **Breaking Ground** • 100-32 Atlantic Ave • Open 24/7

YOUTH

- **Sheltering Arms/Safe Space Jamaica Drop-in** • 89-74 162nd Street, 3rd Floor • Open 24/7 for 14-24 year olds
- **Sheltering Arms/Safe Space Far Rockaway Drop-in** • 1600 Central Ave • Open Tues-Sat: 11am-7pm

SHELTERS

SINGLE ADULT MEN

- **30th Street Men's Shelter** • 400-430 E 30th St • (212) 481-0771 • Intake open 24 hours • 6 to 28th St • Men Only

SINGLE ADULT WOMEN

- **Franklin Avenue Women's Intake Shelter** • 1122 Franklin Avenue • 718-842-9865 • 2/5 train to 149th Street & 3rd Ave • Women Only

ADULT COUPLES / FAMILIES WITHOUT MINOR CHILDREN

- **Adult Family Intake Center (AFIC)** • 400-430 E 30th St (at 29th St & 1st Ave) • (212) 481-4704 • Open 24 hours • 6 to 28th St • Application office for adult couples WITHOUT minor children

FAMILIES WITH CHILDREN

- **PATH** • 151 E 151st (Bronx) • (917) 521-3900 • Open 24 hours • 2/4 to 149th St/Grand Concourse • Must be a family with children under 21 years old or a pregnant family

HEALTH CENTERS

- **Citadel Health Center** • 90-23 161st Street, Jamaica • 718-709-5054 • Open Mon-Thurs: 9am-4:30pm

EMERGENCY NUMBERS

- **NYC Well** (888) NYC-WELL
- **Suicide Hotline** (800) 273-8255
- **SAMHSA's Disaster Distress Helpline** (800) 985-5990
- **Alcoholics Anonymous** (212) 647-1680
- **Safe Horizon Crime Victim Hotline** (212) 577-7777
- **Domestic Violence Hotline** (800) 621-4673

COVID-19 GUIDANCE

- **If you are experiencing a cough, shortness of breath, and fever-like symptoms, you should call your healthcare provider or dial 311 to reach an outreach team. Let them know you're experiencing symptoms of Coronavirus.**
- Please practice social distancing guidelines and keep 6 feet away from others whenever possible.
- Always wear a face mask covering mouth and nose when in public.
- Wash your hands for at least 30 seconds whenever possible, and avoid touching your eyes, nose, and mouth.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol.

COVID-19 TESTING CENTERS

- **CityMD- Astoria:** 31-11 Steinway St • 718-475-2345 • M-F: 7am-10:45pm, Sat-Sun: 8am-6pm
- **NYC Health + Hospitals/Elmhurst:** 79-01 Broadway • Daily 8am-4pm
- **CityMD- Jackson Heights:** 73-02 Roosevelt Ave • 718-475-2351 • M- F: 9am-9pm, Sat-Sun 9am-6pm
- **CityMD- Long Island City:** 25-18 Queens Plaza South • 646-647-1261 • M-F: 8am-8pm, Sat-Sun: 9am-6pm
- **NYC Health + Hospitals/Queens:** 82-68 164th St • 718-883-3000 • M-F: 9am-4pm
- **NYC Health + Hospitals/Gotham Health, Woodside:** 50-53 Newtown Road • M-F: 9am-3:30pm
- **Sorrentino Rec Center:** 18-48 Cornaga Ave • 844-692-4702 • Daily: 9am-7pm